

# BE THE CHANGE!

- BE PRESENT TO YOUR IMPACT - DON'T BE SHY ABOUT IT, IT IS OK, JUST UNDERSTAND WHAT YOU NEED TO THRIVE AND MAKE SURE THE BENEFIT YOU CREATE IS MORE THAN THE IMPACT
- LOOK AT YOUR MAJOR COST ITEMS AND INVEST IN RENEWABLE, FOR BENEFIT ETC.
- EAT ORGANICALLY, LESS MEAT, SEASONALLY
- MINIMISE PLASTIC
- TRAVEL CONSCIOUSLY AND OFFSET YOUR IMPACT - AGAIN IT IS OK TO TRAVEL JUST DO IT WITH PURPOSE AND AWARENESS
- OFFSET YOUR CARBON
- REDUCE FOOD WASTE IN LANDFILL, GET A FOOD WASTE DISPOSER ONLY BUY 2 CARROTS NOT THE BAG
- LOOK FOR ETHICAL ORGANISATIONS THAT HAVE A TRACK RECORD OF CONTRIBUTING NOT JUST OFFSETTING
- LOVE CLOTHES, THAT IS OK, BUT BUY QUALITY, BUY SECOND HAND, BUY FOR YOU NOT THE SEASON, ACCESSORISE WITH THE FASHION TRENDS



## IMMEDIATE

- With the impact of Bushfires we need to invest heavily and Immediately to help what fauna has been rescued to survive
- Look into shifting to green power and offset with organisations that will restore and strengthen ecosystems
- Bank with companies that don't fund coal and fossil fuels!
- Buy local food only, not imported
- Gift Giving... try Greenfleet vouchers and the like!! Give the gift of tree planting instead of candles for presents, the gift of an experience, the gift that is thoughtful and with love rather than with requirement
- Plant more trees on your own land and have more indoor house plants to clean the air and declutter the junk
- Change your shopping habits, less is more (watch & learn from Marie Kondo)

## LONGTERM

- We need long term planning for ecosystem restoration - climate change is not a political option, it is real, it requires response
- We need long term decarbonisation of the economy - this will not only stop the problems getting worse it will set up Australia to thrive and it is possible BZE has shown how for all major sectors of the economy
- We need to build the emotional intelligence throughout our community to accept change, take responsibility and shift
- We need to put our big girl and boy pants on and contribute to the future by taking responsibility and using our gifts to move forward positively